



Top Tips for helping your child to prepare to start school



- Help make sure they can use the toilet properly and remember to wash their hands.
- Practise putting on their school uniform over the Summer Holidays this helps them feel comfortable and more confident when it comes to dressing at school. Practise doing the buttons on school shirts by wearing them at other times (this often helps soften them up if they are a little bit stiff at first). Also practising putting on your tie and getting it under your collar to make it more comfortable to wear.
- Buy school shoes and coats with easy fastenings (not laces!) and teach your child to do these independently. A good tip for teaching children to put their shoes on the correct feet is to draw two arrows pointing in / half a smiley face that matches up when they are round the right way.
- Label everything and check it regularly! You'd be amazed at how often children come home with the wrong vest, socks after swimming and PE lessons.
- Talk to your child about starting school and show them you are excited for them – try not to let any anxieties you may have rub off onto your child.
- Involve your child in choosing their lunchbox / water bottle / PE bags if possible to help with excitement about starting.
- Please send in water bottles empty each day, that way we avoid soggy book-bags.
- Put a familiar key-ring onto school book-bags, purple school coats or PE bags to help your child to easily find their own one.
- Try to meet up with other children who will be in the same class over the Summer Holidays – have a play date at the park so that they feel they have a friend to start with.
- Name everything again – just for good measure!